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Coaching and Mentoring



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Coaching and Mentoring

If you are looking at radically changing the way you manage people and get great results, here are the two competencies you must have: Coaching and Mentoring. In this new era of globalised world, these two competencies will give you a head start to be a most effective leader. Coaching and Mentoring unleashes you to learn different personal enhancement strategies to improve employee performance, modify less productive work habits, share expertise, values and desirable attitudes. That culminates into outstanding results for your organisation and your customers.

Aims/Objectives:

In this workshop you will learn

- The principles of the coaching & mentoring, and its core dimensions
- What is the difference between coaching & mentoring, and its application
- To understand the key abilities required of a coach and a mentor
- How to evaluate your strengths and weaknesses
- How to explore the various types of development coaching and mentoring
- To examine the role of emotional intelligence
- To practice both positive and improvement feedback
- The various stages of coaching and mentoring
- How to apply specific dialogue techniques: the learning question and empathic listening
- How to make coaching and mentoring work in an organisational setting

Duration: 1 day program

Methodology:

AV Presentations, Administering Assessments, Interactive sessions and Role Plays, Group activities, Management games

Participants: Managers and above